

SENIOR CENTER EVENTS

WEEKLY BINGO-TUESDAY 1:00 P.M.

WEEKLY PINOCHLE-THURSDAY 1:00 P.M.

SENIOR BAND TUESDAY AFTERNOONS-PUBLIC WELCOME TO ENJOY SOME GREAT MUSIC.

BLOOD PRESSURE SCREENING MONTHLY THE 2ND TUESDAY OF THE MONTH FROM 11:30-12:30. OPEN TO THE PUBLIC.

WEEKLY DOOR TO DOOR BUS TRANSPORTATION AVAILABLE FOR SHOPPING AT SHOP RITE TUES. 9:00 A.M. STOP & SHOP 12:30 P.M. FOR SEYMOUR SENIORS. RESERVATIONS MUST BE MADE 24 HOURS PRIOR TO SHOPPING TRIP.

MONTHLY MEETING/BIRTHDAY CELEBRATION-MONDAY June 1st GUEST SPEAKER Dr. D'Sousa-Heart Specialist

TRANSPORTATION FOR DOCTOR'S APPOINTMENTS AVAILABLE MONDAY & WEDNESDAY. CALL FOR APPOINTMENT

JUNE THURSDAY MORNING SHOPPING SCHEDULE

7/4-Big Y

7/11-WalMart

7/18-X-pect

7/25-Klarides Village

CASINO TRIP

Monday-June 29th -Mohigan-Sun

Reservations Required

MASSAGE THERAPY

Monday-June 8th AM only

Call for appointments-\$15 for 15 minute session

AARP DRIVING CLASS

June 15th & 17th-9:00a.m.-1:00 pm

AARP Members \$12.00-Non-Members-\$14.00

Call for Appointment

HOT DOG LUNCH & BINGO

Monday-June 15th-12:00 noon

Reservations needed

UPCOMING DAY TRIPS

July 10th-Tall Ships-Boston Harbor-Lunch-Quincy Market

October 8th-Vermont Fall Foliage trip-Green Mountain Flyer Rail ride

Lunch-Putney Inn, Basketville stop.

Call Center for information-limited seats available

THE wii IS AVAILABLE FOR USE BY SENIORS

Lots of fun” “reality” Bowling, Golf, Tennis and Boxing. Come to the Senior Center Monday or Wednesday Mornings to give it a try. I’m sure that some people have seen this on TV where it is being used in many Assisted Living Facilities as well as in the homes of your children. Staff will be available to get you started with instructions

NOTES OF INTEREST

Our Library is open during regular business hours. Books and puzzles are available for lending.

The Gymnasium is open to the public for walking Monday – Thursday from 9:00 a.m.-2:00 p.m.

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KNITTERS & CROCHETERS WANTED

Yale New Haven Hospital’s Mutual Respect Committee, made up of the Hospital employees have been donating hand knitted and crocheted lap blankets to elderly patients to make their stay in the hospital and at home more comfortable. Anyone interested in making lap blankets please contact the Center. The Center is also looking for donations of yarn to be used for this project

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TRANSPORTATION IS AVAILABLE FOR BINGO & PINOCHLE. TRANSPORTATION ALSO AVAILABLE FOR DOCTOR APPOINTMENTS IN THE VALLEY MONDAYS & WEDNESDAYS. CALLS MUST BE MADE NO LATER THAN 24 HOURS IN

ADVANCE. MESSAGES CANNOT BE LEFT ON MESSAGE MACHINE FOR DOCTOR APPOINTMENTS

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USED CELL PHONES

THE SENIOR CENTER HAS USED CELL PHONES AVAILABLE TO SENIORS FOR EMERGENCY 911 USE ONLY. YOU CAN PICK ONE UP AT NO COST DURING REGULAR BUSINESS HOURS. WE WILL ALSO ACCEPT USED CELL PHONES.