

# Seymour Senior Center 20 Pine Street Seymour, CT 06483

Lucy McConlogue, Director

Phone 888-2507 Fax 881-7511

8:00 am to 5:00 pm Monday - Thursday

## Dates to Post

09/06 Community Center is Closed  
09/13 Monthly Meeting  
09/14 Blood Pressure Screening  
09/20-22 AARP Driving Class  
09/22 Appreciation Lunch  
09/22 Commission on Aging Meeting  
09/27 Foxwoods Casino

Parish Nurse Association

Blood Pressure Screening

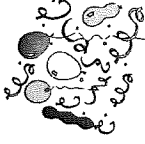
September 14th 11:45 to 1:00



September 13th 1:00 pm

Monthly Meeting/ Birthday Party

Birthday Prize Drawing



## Monday Sept 20th

Bring a Brown Bag Lunch for 12:30

Movie on DVD at 1:00 pm

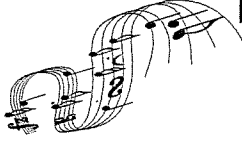
"The Blind Side"

Staring Sandra Bullock

Free Coffee/Tea

## FOXWOODS CASINO TRIP WILL BE

September 27TH.



Seymour Culture & Arts Concert

August 29th U.S. Navy Band French Park

September 4th Flashback 50's 60's & 70's

Block Dance Bank & First St.

## COMMISSION ON AGING

Wednesday, Sept. 22, 2010

OPEN TO THE PUBLIC

## NVHD FLU CLINIC

Thursday September 30th 9 to 11 am

NO APPOINTMENT NEEDED

The health district will accept Anthem Blue Cross/Blue Shield, Medicare Part B & Health Net. NO MEDICARE HMO'S will be accepted.

Please bring all health insurance cards.

Under age 65 the costs is \$25.00 for Flu Shot

\$40.00 for Pneumonia Shot

Any Questions call Naugatuck Valley Health Dept.

203-881-3255

## INTERESTED IN CRIBBAGE?

Weekly cribbage lessons begin

Monday, September 13th at 11 am

Seasoned players are encouraged to participate

pre-registration required please call 203-888-2507

## OKTOBERFEST

AT THE BROWNSTONE

OCTOBER 18, 2010

\$78.00 PP



Wonderful Entertainment Great Food

Interest Sheet in our office

Limited seating

## Members Appreciation Luncheon

September 22, 2010 \* Wednesday \* 12:30 pm

All members of the Seymour Senior Citizens in

good standing as of 7/31/2010 are invited. Please register in advance. This event will be held at the Seymour Senior Center

**NO REGISTRATIONS AFTER 9/16 NO EXCEPTIONS**

Gym Available for Walking Monday - Thursday 8:30 to 2:30  
Our Library has a variety of books, magazines and puzzles available for borrowing. Stop in and browse

Want to watch your favorite sports game or TV show?

Visit our Lounge Area

Will is available for use. Challenge your friends or a grandchild to bowling, golf, tennis, boxing or baseball.

We have free cell phones available for emergency use to call 911.

We have purchased Bocci Equipment to be used on the NEW Bocci

court located adjacent to the Gym. We urge

the community to use the bocci court. Bocci equipment will be

available from 9 to 4:00 Monday thru Thursday.

Check with our office. A sign-up sheet is available at the Center

## Atlantic City Trip

November 3rd, 4th & 5th

Wednesday, Thursday, Friday

Tropicana Hotel/Casino

Double Rate \$177 \* Single Rate \$230

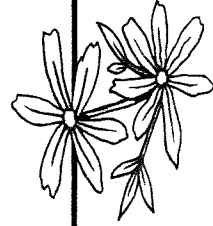
Bonus: \$20 Slot Play, 2 Buffet Coupons of Choice,

\$15 Food Coupon, 1 Show Ticket (if NOT Available

an Extra \$5 Slot Play will be given)

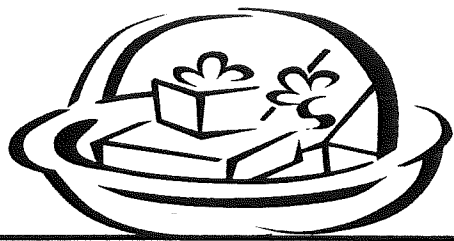
Casino has the right to change Bonus Package

deposit of \$50 pp Final Payment Due October 18th



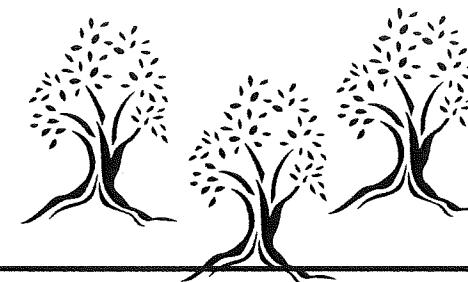
# SEPTEMBER 2010





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SEYMOUR SENIOR CENTER



Mon

Tue

Wed

Thu

		1 Morning Activities Bus available for Dr. Appt. MID WEEK PLAYERS Bocci 9 to 4	2 9:00 Wal Mart/ ADAMS Bus Available 12:30 PINOCHLE
6 LABOR DAY Community Center is CLOSED	7 9:00 Shop Rite 12:00 Stop & Shop 1:00 BINGO & BAND SOCIAL Mah-Jong Club	8 Morning Activities Bus Available for Dr. Appt. MID WEEK PLAYERS Bocci 9 to 4	9 9:00 BIG Y Bus Available 12:30 PINOCHLE
13 Monthly Meeting & Birthday Party 1:00 pm Cribbage Lesson 11 am Bocci 9 to 4 Wii Games 1:00 Bus Available for Dr. Appt.	14 9:00 Shop Rite/12:00 Stop & Shop Blood Pressure Screening 11:45 to 1 pm 1:00 BINGO & BAND SOCIAL Mah-Jong Club	15 Morning Activities Bus Available for Dr. Appt. MID WEEK PLAYERS Bocci 9 to 4	16 9:00 EXPECT Bus Available 12:30 PINOCHLE
20 AARP DRIVING CLASS Bus is available for Dr. appt. Cribbage Lesson 11 am Bocci 9 to 4 Afternoon Movie 1:00	21 9:00 Shop Rite 12:00 Stop & Shop 1:00 BINGO & BAND SOCIAL Mah-Jong Club	22 AARP DRIVING CLASS Comm. on Aging 10:00 Members Appreciation Lunch 12:30 Bocci 9-4	23 9:00 KLARIDES VLG Bus Available 12:30 PINOCHLE 1st Day of Autumn.....
27 FOXWOODS CASINO Cribbage Lesson 11am Bocci 9 to 4 Wii Games 1:00	28 9:00 Shop Rite 12:00 Stop & Shop 1:00 BINGO & BAND SOCIAL Mah-Jong Club	29 Morning Activities Bus Available for Dr. appts. MID WEEK PLAYERS Bocci 9 to 4	30 9:00 Wal Mart/ADAMS NVHD FLU CLINIC 9-11 12:30 PINOCHLE