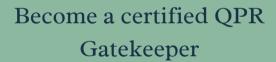


Naugatuck Valley Health District

Naugatuck Valley Health District

Save a Life with... **Q**uestion **P**ersuade **R**efer

A Suicide Prevention Program



QPR is a nationally recognized, evidence-based suicide prevention program QPR is like CPR for mental health emergencies, providing hope and assistance until help is available.



Virtual Community Training Session
May 29th, 2025, 6:00pm
As a QPR Gatekeeper you will learn
to:

- Recognize the warning signs of suicide.
- Know how to offer hope.
- Know how to get help and save a life.

*Those who complete the training will receive a one-year QPR Gatekeeper certification

Click Here To Register

Or Enter This Link Into Your Browser



https://us06web.zoom.us/meeting/register/1Y_RTDQ URRycect7fBtX9g